EPA United States Environmental Protection Agency

www.epa.gov/asthma

Learn About Asthma

Asthma is a serious, chronic respiratory disease affecting quality of life for over 25 million Americans, including about 4 million children. It has no cure yet, but medical treatment and managing environmental triggers can control asthma.

Use the QR codes below to open each EPA asthma resource, or scan the code on the right to visit EPA's asthma website.

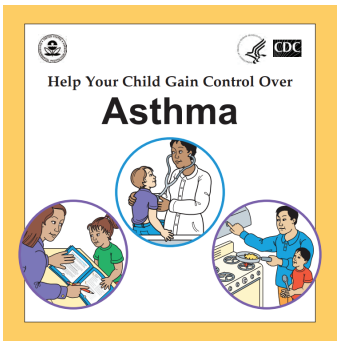
Asthma Community Network

This interactive network lets community asthma programs and their sponsoring organizations share best practices and lessons learned.



Help Your Child Manage Asthma

This brochure shares asthma management tips and simple steps to reduce exposure to asthma triggers both indoors and outdoors.



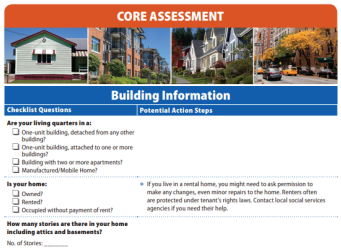
Asthma Triggers at a Glance

Explore different asthma triggers and ways to limit exposure in this set of brief infographics.



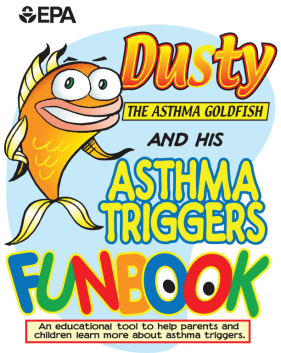
Managing Asthma in the Home

This home assessment tool helps trained home visitors find common asthma triggers and discuss ways to reduce and remove them for healthier homes.



Dusty the Goldfish: Asthma Triggers Activity Book

Children can learn about asthma triggers through the activities in this educational book.



Climate change threatens health and well-being in many ways, including a higher asthma attack risk. Learn more on EPA's page: **Understanding the Links Between Climate Change and Human Health.**